



**give.**

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# give before you ask.

So much of what we do with our horses means taking from them – asking them to do what we want, when we want.

There are many ways to give to your horse – riding without a bit, ensuring the saddle you use is properly fitted, and giving your horse the time to work things out for himself, are just a few.

How often do you just give your horses time, finding those spots they love to have scratched?

Giving also means you must be willing to ask yourself a few questions. Do you make excuses for not being successful with your horse? Do you give your horse labels like lazy, stubborn, or stupid?

You need to become well acquainted with how you think and act, as well as your body language, focus and beliefs. That means paying attention to the questions you ask yourself and, more importantly, the answers you that give yourself.

Are you impatient? Aggressive? Stressed? Afraid?

It's not unusual to dislike what our horses tell us about ourselves – but without this self-awareness, your results will be limited.

Give your horse a confident, consistent and kind leader and he will give you the trust, obedience and respect you need for a successful relationship.

## Through the eyes of the horse.

Tel: 0414 380 396  
Outside Australia: +61 414 380 396  
email: [whisperingacres@bigpond.com](mailto:whisperingacres@bigpond.com)



*Because the horse understands that I'm asking her to hold her head in the flexed position, she 'gives' me that softness and chooses to hold it willingly for me*



*Give your horse consistency. Positive, lasting impressions are the result of kind and consistent training.*



*Give your horse "thinking time" to work things out for himself. It makes him smart and means he will respond because he truly understands what you are asking. Look for him to lick and chew – you can't force that or understanding – and always end on a good note.*